



PAUL ALISTAIR COLLINS
PHOTOGRAPHY

ABRUZZO ADVENTURE

RECOMMENDED KIT & CLOTHING LIST

PHOTOGRAPHY GEAR

- ☐ Camera
- ☐ Telephoto Lens
- ☐ Teleconverter
- ☐ Wide-Angle Lens
- ☐ Go-Pro
- ☐ Tripod / Monopod
- ☐ Beanbag / Ground-Pod
- ☐ Camera Batteries & Charger
- ☐ Lens Cleaning Kit & Air Blower
- ☐ Waterproof Bag Cover
- ☐ SD/CF Cards & Card Reader
- ☐ Laptop – for photo editing
- ☐ Hard-Drives – for photo upload

MISCELLANEOUS

- ☐ Passport / Identity Card
- ☐ Flight Boarding Pass
- ☐ VISA (if required)
- ☐ Personal Travel Insurance
- ☐ Credit Card
- ☐ Local Currency (Euros)
- ☐ Adapter Plugs (Type C/F 230V)
- ☐ Phone & Charger
- ☐ Binoculars
- ☐ Notebook & Pen
- ☐ Watch / Alarm Clock
- ☐ Thermos Flask
- ☐ Book

CLOTHING

- ☐ Sun Hat
- ☐ Woolly Hat
- ☐ Sunglasses
- ☐ Camouflage Clothing – or clothing with earthy tones like greens/browns
- ☐ Long-Sleeved Shirts
- ☐ Jumpers / Fleece
- ☐ Puffer Vest / Coat
- ☐ Waterproof Jacket
- ☐ Underwear
- ☐ Trousers
- ☐ Socks
- ☐ Sturdy Walking Shoes
- ☐ Pyjamas

TOILETRIES

- ☐ Toothbrush & Paste
- ☐ Deodorant
- ☐ Shower Gel / Shampoo
- ☐ Sun Protection
- ☐ Insect Repellent
- ☐ Personal Medication
- ☐ Lip Balm